Evidence-based approach to the treatment of CSC

Treatment of central serous chorioretinopathy (CSC) remains a topic of controversy. As CSC is a disease that can wax and wane, treatment efficacy is difficult to assess especially when trials compare active treatments without any placebo/control group.

This talk is based on a range of meta-analytic studies to understand actual treatment efficacy compared to placebo either directly or indirectly through networks. The strong efficacy of photodynamic therapy and laser photocoagulation is demonstrated, as well as a clinically significant placebo effect which should be kept in mind when interpreting future studies.